

@page Section1 {size: 612.0pt 792.0pt; margin: 72.0pt 90.0pt 72.0pt 90.0pt; mso-header-margin: 36.0pt; mso-footer-margin: 36.0pt; mso-paper-source: 0; } P.MsoNormal { MARGIN: 0cm 0cm 0pt; FONT-FAMILY: "Times New Roman"; FONT-SIZE: 12pt; mso-style-parent: ""; mso-pagination: widow-orphan; mso-fareast-font-family: "Times New Roman" } LI.MsoNormal { MARGIN: 0cm 0cm 0pt; FONT-FAMILY: "Times New Roman"; FONT-SIZE: 12pt; mso-style-parent: ""; mso-pagination: widow-orphan; mso-fareast-font-family: "Times New Roman" } DIV.MsoNormal { MARGIN: 0cm 0cm 0pt; FONT-FAMILY: "Times New Roman"; FONT-SIZE: 12pt; mso-style-parent: ""; mso-pagination: widow-orphan; mso-fareast-font-family: "Times New Roman" } P.NormalWeb28 { MARGIN: 2.25pt 0cm 7.5pt; FONT-FAMILY: Arial; FONT-SIZE: 12pt; mso-pagination: widow-orphan; mso-fareast-font-family: "Times New Roman"; mso-style-name: "Normal (Web)28" } LI.NormalWeb28 { MARGIN: 2.25pt 0cm 7.5pt; FONT-FAMILY: Arial; FONT-SIZE: 12pt; mso-pagination: widow-orphan; mso-fareast-font-family: "Times New Roman"; mso-style-name: "Normal (Web)28" } DIV.NormalWeb28 { MARGIN: 2.25pt 0cm 7.5pt; FONT-FAMILY: Arial; FONT-SIZE: 12pt; mso-pagination: widow-orphan; mso-fareast-font-family: "Times New Roman"; mso-style-name: "Normal (Web)28" } DIV.Section1 { page: Section1 }



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Southwestern Texas pokazali su da **resveratrol** iz crnog vina smanjuje razine šećera u krvi. Dr. Roberto Coppari inicirao je miševima injekcije resveratrola uz visoko kalorijsku prehranu. Rezultati su pokazali da je aktiviran **SIRT1 protein** u mozgu odgovoran za smanjenje koncentracije glukoze i povećanje količine **inzulina**

“Resveratrol dobiven iz kožice bobica crnog grožđa proučava se već niz godina zbog svog pozitivnog utjecaja na organizam. Pretpostavljali smo da resveratrol djeluje na jetru, međutim ustanovilo se da je **mozak** meta terapije. To pruža nove mogućnosti u terapiji dijabetesa tip 2, a vjerujemo da je isti princip djelovanja i kod kardiovaskularnih bolesti.”, izjavio je dr. Coppari.

Znanstvenici Harvard Aging Institute objavili su 2006. studiju o djelovanju resveratrola na pretili miševi. Nakon šest mjeseci terapije resveratrolom umanjani su negativni efekti prehrane s 60% kalorija iz masti, tvrdi dr Rafael de Cabo. Ove studije doprinose su razumijevanja **“francus kog paradoksa”**

, specifičnog za francusku kuhinju u kojoj kombinacija kalorične hrane uz umjerenu konzumaciju vina korisno djeluje na zdravlje.

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